



You have
a **RIGHT**
to a ...

LIFE FREE OF VIOLENCE

frauenberatung-noe.at

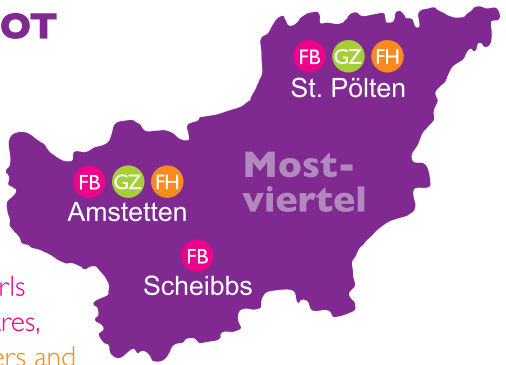
Violence doesn't start with the first strike!

Violence is ...

- being humiliated, devalued or insulted
 - being pushed, tied or locked up
- being controlled, chased or threatened
 - having to justify every action
 - having to beg for every euro
 - being forced to have sex

... when you are afraid

YOU ARE NOT ALONE!



- FB** Women and Girls counselling centres,
- FH** Women's shelters and
- GZ** Centers for protection against violence support you on your path to a life free of violence.

women-specific - competent - confidential - free

We offer information, personal and legal counselling, accompaniment to police stations and to court and secure housing.

- FB** frauenberatung-noe.at
 - Amstetten + Scheibbs 07472 63297
 - St. Pölten 0676 3094773

- FH** frauenhaeuser-niederoesterreich.at
 - Amstetten 07472 66500
 - St. Pölten 02742 366514

- GZ** gewaltschutzzentrum-noe.at
 - Amstetten + St. Pölten 02742 31966

- 📞 Emergency contacts**
 - Police 133
 - Women's helpline 0800 222 555
 - NÖ-Women's counselling 0800 800 810

A APOTHEKERRKAMMER
NIEDERÖSTERREICH

SPAR 

ÄK
NÖ
ÄRZTEKAMMER FÜR
NIEDERÖSTERREICH

